





Youth Exchange RUBY: Rural-UrBan Youth Connection

2023-1-IT03-KA151-YOU-000128288

The project has 2 main activity,

- the advanced planning visits, for the group leaders and
- the youth exchange for younsters aged between 18-24 years old.

Topic of the exchange will be the interaction between rural and urban youth in particular regarding sustainable tourism. During the project participants will devise, present workshops on the topic of tourism, its effects and how to approach this topic sustainably. We will also carry out visits and excursions to learn more about the local reality.

The main activity will be held in **Dicomano**, a village in the Metropolitan area of Florence 40 Km from the city center.

Each organisation will send 6 participant (5 participanst and 1 group leader)

- Groupl leader should be confirmed no later than 7th of April
- Complete group should be confirmed no later then 18th of April

Once group will be completed we will organize a preparation call with each group.





Advance Planning Visit - 9-11 May Florence Italy

WHEN AND WHERE

The Youth Exchange will be held in Florence, Italy, on 10th -11 May. 9th June and the second half of 11th May are considered as travel days. This project is already funded as part of a mobility plan credited by the Italian National Agency (2023-1-IT03-KA151-YOU-000128288).

PARTICIPANTS

We will host **one group leader from** each national group. The profile of the Group Leader is that of an individual over 20 years old with some experience who has previously participated in youth exchange activities, preferably involved in the sending association or active in their local community.

The role of the group leader is to serve as a reference for other inexperienced participants and to help organize group activities as well as facilitate a good working environment. The characteristics of the group leader include:

- ability to engage
- Interpersonal and communication skills
- creativity and adaptability
- leadership ability.

It is <u>essential that the candidate that participate in the APV also takes part in the Youth Exchange</u>.

TRAVEL CONDITIONS:

The participants will be reimbursed for their travel costs from their home cities to the venue and back. Reimbursment will only be done upon presenting all original tickets (including return tickets), receipts/invoices and boarding passes and according to the limits shown in the table.

Note: the amounts shown in green refer to green travel reimbursment. In order for a travel to be considered green, it has to be made for the main part using low-emissions means of transport (such as bus, train, car-pooling etc.)

Due to the proximity of most partners to Italy and the project's topic of sustainable tourism, we would like to suggest traveling using green options.





There are numerous train and bus options available to reach Florence. Travel reimbursement amounts are described below. Green travel allow for an additional four days of travel during which you can choose to make stops along the way and enjoy slow travel.

Travel distance	Standard travel	Green travel
10 – 99 km	23 EUR	na
100 – 499 km	180 EUR	210 EUR
500 – 1999 km	275 EUR	320 EUR
2000 – 2999 km	360 EUR	410 EUR

Check the travel distance here: https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculato r

ACCOMODATION

The accommodation will be at the RFK International House of Human Rights guesthouse in the center of the city of Florence in mixed double rooms.

The address is: Via Ghibellina 12/A – 50122 Firenze.

Accommodation is subject to changes depending on availability.

Web: https://www.rfkitalia.org/rfk/la-casa-dei-diritti.html

MEALS

The costs of meals (breakfast, lunch and dinner) for all duration of the project and activities will be covered by the receiving organization ICSE &Co.

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ICSE&CO. TEAM

ICSE&Co. is a non-profit organization that is involved since 2010 in project cooperation and planning, both national and international level, in various fields, and particularly the youth sector. One of our fonding values is to promote international mobility opportunities for youth.

TO DO:

To collaborate on the agenda of the Youth Exchange, the group leader must:

- Bring a draft/idea for a workshop on sustainable tourism. Here are some ideas to consider.
- Bring a draft of the typical dinner menu that the national team will prepare for the intercultural night.
- Bring 4 travel brochures.

AGENDA

9/05/2024 ARRIVAL

15:30 Meeting point at ICSE Office (ZAP – Vicolo di Santa Maria Maggiore, 1, 50123 Firenze FI, 5 min walking from the central station)

15:45 Presentation and kick-off

- -Ice breaking
- -Objective
- -Calendar
- -Expectations

20:00 PIZZA

10/05/2024 DAY1

9:30 Breakfast

10:30 Meeting point at ICSE Office (ZAP – Vicolo di Santa Maria Maggiore, 1, 50123 Firenze FI, 5 min walking from the central station)

Train to the project Venue

11:30 Visit to the Venue





13:30 Lunch typical Tuscany food

15:00

15.00 Programme for the dissemination

16.30 Back to the city + Free time Final definition of each partner tasks before departing, explanation of reimbursement

18.00 Free

20.30 Dinner

11/05/2024 DEPARTURE

INFO AND CONTACTS

We kindly request confirmation of the group leader by April 7th. The group leader is required to fill out the following form.

For any questions regarding the training course, please contact us at:

Janice janiceicse@gmail.com +39 3534529520

Elisabetta e.meconcelli@icse-co.org +39 3297786989